

# Thinking about your rights

# a guide for older people

#### THINK ABOUT YOUR RIGHTS

Disrespect or abuse of older people can be financial, verbal, emotional, physical, sexual, neglect or a combination of these.

If you are worried or fearful and want to know about your options to improve your situation, you can call our Seniors Legal and Support Service on 1800 954 494.

#### **A COMMON STORY**

Clarice wants the mistreatment to stop but is afraid to say something.

She is 71 years old. She is very sad because of the way her family is treating her. They do not respect her or listen to her. Sometimes there is shouting, swearing, pushing or hitting involved. They are controlling her money and her house.

She feels unsafe when this happens. Hurtful comments are made about her. She often cares for the grandchildren and is often exhausted.

#### 'I just want them to stop.'

#### What are Clarice's rights?

Clarice has the right to live a life free from this type of disrespect and abuse.

Family and community pressure may stop Clarice from speaking out about her experience.

She may feel ashamed and worried that she won't be believed if she reports this.

She may feel afraid of what police will do if she called them.

She may feel isolated, powerless, and unsure of whom to talk to.

Clarice may have tried to talk about the abuse in her community, but the mistreatment continued anyway.

#### It is now time to tell someone

There are different ways she can get help. It is her choice what type of support she needs to stop the abuse.

## HOW OUR SENIORS LEGAL AND SUPPORT SERVICE CAN HELP

You can speak to someone at our service and receive free and confidential:

- legal advice
- social work services including assistance with aged care, transport, housing, health and other support services.

We will provide you with options you can choose from to stop the abuse. It is your choice what options and steps you would like to take.





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#### WHERE TO GET FREE HELP

**Seniors Legal and Support Service** 

**P** (07) 3187 7187 or 1800 954 494

**Queensland Elder Abuse Helpline** 

**P** 1300 651 192

**Queensland Public Trustee** 

P (07) 3213 9288 (general enquiries)

Office of the Public Guardian

**P** (07) 3239 3520 (outside of Brisbane)

compass

W www.compass.info

The Seniors Legal and Support Service is funded by the state government. It offers free and confidential legal and social work services to older people to help them deal with harm or neglect by trusted family members or friends.

#### **CAXTON COMMUNITY LEGAL CENTRE**

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**Turbot Place** Level 23, 179 Turbot Street

**P** (07) 3214 6333

**F** (07) 3846 7483

W caxton.org.au

This information is current at June 2025.



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